

# The Arbors at Oak Park

## Events/ Activities

# MAY 2018

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		<p>1</p> <p><b>Service Coordination</b> 9am – 10am  <b>Arts &amp; Crafts</b> 10am-11am  <b>Moves &amp; Popcorn</b> 11am – 1pm  <b>Signup for Grocery Giveaway</b></p>	2	3	4	5
6	7	8	9	10	11	12
	<p><b>Gentle Stretching</b> 9am – 10am  <b>Men's Social</b> 10am – 11am            (Dominoes Challenge)  <b>Service Coordination</b> 11am – 12pm  <b>Games</b> 12pm – 1pm</p>	<p><b>Gentle Stretching</b> 9am-10am  <b>Service Coordination</b> 10am-11am  <b>Hot Topics</b> 11am-12pm  <b>Grocery Giveaway</b> 12pm-1pm</p>		<p><b>Gentle Stretching</b> 9am-10am  <b>Service Coordination</b> 10am – 11am  <b>Arts &amp; Crafts</b> 11am – 12pm  <b>Bingo</b> 12pm – 1pm</p>	<p><b>Gentle Stretching</b> 9am – 10am  <b>Service Coordination</b> 10am – 11am  <b>Health and Nutrition – Calcium</b> 11am – 12pm  <b>Healthy Cooking Demo</b> 12pm – 1pm            (Green Salad)</p>	
13	14	15	16	17	18	19
	<p><b>Gentle Stretching</b> 9am – 10am  <b>Men's Social</b> 10am – 11am            (Dominoes Challenge)  <b>Service Coordination</b> 11am – 12pm  <b>Games</b> 12pm – 1pm</p>	<p><b>Service Coordination</b> 9am – 10am  <b>Arts &amp; Crafts</b> 10am-11am  <b>Moves &amp; Popcorn</b> 11am – 1pm  <b>Signup for Grocery Giveaway</b></p>		<p><b>Service Coordination</b> 9am – 10am  <b>Gentle Stretching</b> 10am – 11am  <b>Arts &amp; Crafts</b> 11am – 12pm  <b>Games</b> 12pm – 1pm</p>	<p><b>Gentle Stretching</b> 9am – 10am  <b>Service Coordination</b> 10am – 11am  <b>Health &amp; Nutrition – Diabetes</b> 11am – 12pm  <b>Healthy Cooking Demo</b> 12pm – 1pm            (Chicken Spaghetti)</p>	
20	21	22	23	24	25	26
	<p><b>Gentle Stretching</b> 9am – 10am  <b>Men's Social</b> 10am – 11am            (Dominoes Challenge)  <b>Games</b> 11am – 12pm  <b>Service Coordination</b> 12pm – 1pm</p>	<p><b>Gentle Stretching</b> 9am-10am  <b>Service Coordination</b> 10am-11am  <b>Hot Topics</b> 11am-12pm  <b>Grocery Giveaway</b> 12pm-1pm</p>		<p><b>Gentle Stretching</b> 9am-10am  <b>Service Coordination</b> 10am – 11am  <b>Arts &amp; Crafts</b> 11am – 12pm  <b>Bingo Bango</b> 12pm – 1pm</p>	<p><b>Service Coordination</b> 9am – 10am  <b>Gentle Coordination</b> 10am-11am  <b>SUMMER KICK-OFF</b> 11AM-1PM  <b>(Birthday Celebration)</b></p>	
27	28	29	30	31	- .....	
	<p><b>CLOSED FOR MEMORIAL DAY</b></p>	<p><b>Gentle Stretching</b> 9am-10am  <b>Service Coordination</b> 10am-11am  <b>Moves &amp; Popcorn</b> 11am-12pm</p>		<p><b>Service Coordination</b> 9am-10am  <b>Hot Topics</b> 10am-11am  <b>Game Night</b> 11am-1pm</p>		