

The Arbors at Oak Park

FEBRUARY 2020

Events/ Activities

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
						1
2	3 Coffee Social 10am – 11am Walking Club 11am – 12pm Board Games 12pm – 1pm “I Reminisce” 1pm – 2pm	4 Morning Exercise 10am – 11am Diabetes & Nutrition 11am – 12pm Money Matters 12pm – 1pm Bingo 1pm – 2pm Service Coordination 12pm – 2pm <i>(Sign up for Grocery Giveaway)</i>	5 Casino Trip Red Hawk 12pm – 4pm	6 Afternoon Exercise 1pm – 2pm Craft Corner 2pm – 3pm Healthy Cooking Demo 3pm – 4pm Book/Movie Club 4pm – 5pm Service Coordination 3pm – 5pm	7	8
9	10 Coffee Social 10am – 11am Oak Park Matters 11am – 12pm Movies at the Arbors 12pm – 2pm	11 Morning Exercise 10am – 11am Grocery Giveaway 11am – 1pm Bingo 1pm – 2pm Service Coordination 12pm – 2pm	12 Casino Trip Thunder Valley 12pm – 4pm	13 Craft Corner 2pm – 3pm Healthy Cooking Demo 3pm – 4pm Service Coordination 3pm – 5pm Paint Party 4pm – 6pm	14	15
16	17 <p style="text-align: center;">Closed for President’s Day</p>	18 Morning Exercise 10am – 11am Diabetes & Nutrition 11am – 12pm Money Matters 12pm – 1pm Bingo 1pm – 2pm Service Coordination 12pm – 2pm <i>(Sign up for Grocery Giveaway)</i>	19	20 Afternoon Exercise 1pm – 2pm Craft Corner 2pm – 3pm Healthy Cooking Demo 3pm – 4pm Book/Movie Club 4pm – 5pm Service Coordination 3pm – 5pm	21 Brunch Social 12pm – 1pm Name That Tune/Trivia 1pm – 2pm Karaoke 2pm – 3pm Soul Line Dancing 3pm – 4pm	22
23	24 Coffee Social 10am – 11am Oak Park Matters 11am – 12pm Movies at the Arbors 12pm – 2pm	25 Morning Exercise 10am – 11am Grocery Giveaway 11am – 1pm Fat Tuesday Bingo 1pm – 2pm Service Coordination 12pm – 2pm	26	27 Craft Corner 2pm – 3pm Healthy Cooking Demo 3pm – 4pm Service Coordination 3pm – 5pm Paint Party 4pm – 6pm	28 Brunch Social 12pm – 1pm Name That Tune/Trivia 1pm – 2pm Karaoke 2pm – 3pm Birthday Celebration 3pm – 4pm	29